CANYONS OF OMAN

TOUR GUIDED IN	ENGLISH	
TRIP DURATION	7 Day	
TRIP START	PLACE Meeting in front of Naseem Hotel (Mutrah Corniche, Muscat) We might also be able to pick up you directly from your hotel just ask when booking	TIME 8:00:00 AM
TRIP FINISH	We can drop you anywhere in Muscat (hotel, airport, bus station, private house)	6:00:00 PM
DIFFICULTY LEVEL	Level 3 Tours which can include full-day hikes (up to 800 elevation gain) and not to aquatic hikes.	oo difficult
PRICE PER PERSON	540 OMR (1414 USD)	
SIZE OF THE GROUP	3 to 8 Guests	
STAFF FOR THE TRIP	from 3 to 4 Guests 1 Tourleader with the knowledge for guiding the activities of the trip from Day 1 to 7 1 Driver from Day 4 to 4 1 Driver from Day 1 to 1 1 Driver from Day 2 to 2 from 5 to 8 Guests 1 Tourleader with the knowledge for guiding the activities of the trip from Day 1 to 7 1 Driver from Day 1 to 7 1 Driver from Day 4 to 4	
TRANSPORTATION For transfers mentioned in the program	1 Driver from Day 1 to 1 1 Driver from Day 2 to 2 Cooking during bivouacs is performed by the whole team from 3 to 4 Guests 1 4WD Car from Day 1 to 7 from 5 to 8 Guests	
	2 4WD Car from Day 1 to 7	
	Staff mentioned above All excursions and entrance fees mentioned in the program Breakfast on days	·
PRICES DON'T INCLUDE	Personal Expenses Drinks between meals Breakfast on days	
WHAT YOU HAVE TO BRING	Personal first aid Sun protection and insect repellent Sandals Sleeping Bag Headlight Toilet paper Light clothes Hiking boots and socks Walking sticks (optional: it can help you on some itineraries) Hiking bag (20-30L) Swimming suit (and maybe shoes to go to the water if you don't like walking on rocks) For Canyoning and Aquatic Hiking Sport shoes which you will use in the water During winter months we provide you short wetsuits	
ADVICE FOR TREKKERS	Oman is a mountainous arid country. All the paths are rocky and some are steep. Ur experimented mountainer, or you are specially at ease in rocky terrains, it would be a good id you choose a level of difficulty a little under what you usually manage to do. You will still wonderful places and to perform very nice trekkings, but this will just prevent you from suffer enjoying your trip.	lea in Oman that be able to se
ADVICE ABOUT THE GOOD WAY OF CLOTHING	Oman is a muslim country in which islam is strict but very open-mined and tolerant. You Omani pointing out the way of clothing or behaving of a tourist. But all of them will appreciate try to adapt. FOR WOMEN: bring trousers or short trousers and t-shirts covering shoulders shirt (and maybe a short) for swimming. Obviously, when we are alone in remote areas you clike. FOR MEN: bring trousers or long shorts. FOR ALL: bring a pareo or big towell to chan since nudity is not admitted tatoos should also be covered.	e to see that yo s, as well as a can dress as yo